Appendix No. 1.5 to the Resolution No. 7/2023
of the Rector of the University of Rzeszów

SYLLABUS

REGARDING THE QUALIFICATION CYCLE FROM 2024 TO 2027
ACADEMIC YEAR 2026/2027

1. BASIC COURSE/MODULE INFORMATION

Course/Module title	International Relations since 1945
Course/Module code *	07
Faculty (name of the unit offering the field of study)	College of Humanities
Name of the unit running the course	Institute of Modern Languages
Field of study	Media, Visual and Social Communication
Qualification level	Bachelors degree
Profile	general academic
Study mode	full-time
Year and semester of studies	Year 3, semester 5
Course type	elective subsidiary
Language of instruction	English
Coordinator	Dr Donald Trinder
Course instructor	Dr Donald Trinder

* - as agreed at the faculty

1.1.Learning format – number of hours and ECTS credits

Semester (no.)	Lectures	Classes	Laboratories	Seminars	Practical classes	Internships	others	**ECTS credits**
5	30							2

1.2. Course delivery methods
- conducted in a traditional way

1.3. Course/Module assessment (exam, pass with a grade, pass without a grade)
- pass without a grade

2. PREREQUISITES

none

3. OBJECTIVES, LEARNING OUTCOMES, COURSE CONTENT, AND INSTRUCTIONAL METHODS

3.1. Course/Module objectives

O1	To introduce the students to the main academic trends in International Relations since 1945
O2	To provide the students with a clear understanding of the range and scope of International Relations studies.
O3	To equip the students with the skills and methods necessary to allow them to conduct research in the field of International Relations
O4	To encourage the students to go beyond the basic scope of the course and develop an independent interest in the field of International Relations

3.2. COURSE/MODULE LEARNING OUTCOMES (TO BE COMPLETED BY THE COORDINATOR)

Learning Outcome	The description of the learning outcome defined for the course/module	Relation to the degree programme outcomes
LO_01	Students will demonstrate a comprehensive understanding of the historical context of international relations since 1945, including major geopolitical shifts, conflicts, alliances, and diplomatic initiatives that have shaped the international system.	K_W05
LO_02	Students will critically analyze key theories and concepts in international relations, and apply these theories to analyze contemporary issues and global challenges.	K_W05, K_U05
LO_03	Students will assess contemporary challenges to the international system, including emerging powers, global health crises, refugee flows, environmental degradation, and technological disruptions, and analyze their implications for state sovereignty, security, and human rights.	K_U05
LO_04	Students will engage in critical analysis and policy debate on key issues in international relations, including through case studies, simulations, and policy briefs, demonstrating the ability to evaluate	K_U05

	competing perspectives, generate innovative solutions, and communicate effectively in written and oral formats.	

3.3. Course content (to be completed by the coordinator)

A. Lectures

Content outline
The Origins of the Cold War
The Implementation of the Truman Doctrine and Containment Policy
Non-Alignment
Great Power interventionism - the US involvement in Vietnam and the Soviet invasion of Afghanistan
Rapprochement
The Middle East, yesterday, today and tomorrow
Sports Diplomacy (including contemporary Sports Washing)
The Fall of Communism in Europe and Fukuyama's The End of History
Globalisation since 1989
South and Latin America
9/11 and the War on Terror
Chinese Soft Power and the US Pacific pivot
Africa
Trump, Brexit, Populism and the end of Globalism
International Environmentalism

3.4. Methods of Instruction

Lecture with accompanying multimedia presentation
Supplementary handouts and worksheets
Discussions

4. Assessment techniques and criteria

4.1 Methods of evaluating learning outcomes

Learning outcome	Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes)	Learning format (lectures, classes,...)

LO-01	TEST	LECTURE
LO_02	TEST/ESSAY	LECTURE
LO_03	ESSAY	LECTURE
LO_04	OBSERVATION DURING DISCUSSIONS	LECTURE

4.2 Course assessment criteria

End of semester test and an essay of up to 1,500 words in which the students will have to: - demonstrate a thorough understanding of key events, trends, theories, and concepts in international relations since 1945. - apply relevant historical, theoretical, and empirical knowledge to analyze contemporary issues and global challenges.

5. Total student workload needed to achieve the intended learning outcomes – number of hours and ECTS credits

Activity	Number of hours
Course hours	30
Other contact hours involving the teacher (consultation hours, examinations)	5
Non-contact hours - student's own work (preparation for classes or examinations, projects, etc.)	15
Total number of hours	50
Total number of ECTS credits	2

* one ECTS point corresponds to 25-30 hours of total student workload

6. Internships related to the course/module

Number of hours	
Internship regulations and procedures	

7. Instructional materials

Compulsory literature: Calvocoressi, Peter. 2008. *World Politics since 1945*. Routledge Goldstein, Joshua., & Pevehouse, Jon. 2020. *International Relations, Global Edition, 12th Edition*. Pearson. Haynes, Jeffrey. 2017. *World Politics: International Relations and Globalisation in the 21st Century*. SAGE

Complementary literature:

Burke, Anthony. 2007. *Cause and Effect in the War on Terror*. [in] Security and the War on Terror. Routledge

Chasek, Pamela., & Downie, David. 2020. *Global Environmental Politics*. Routledge

Cox, Michael. 2017. *The Rise of Populism and the Crisis of Globalisation: Brexit, Trump and beyond*. [in] Irish Studies in International Affairs. 28(2017)

Dellios, Rosita. 2005. *The Rise of China as a Global Power*. [in] The Bulletin of the Centre for East-West Cultural and Economic Studies. 6(2)

Approved by the Head of the Department or an authorised person