



Izabela Kapsa

Dr Izabela Kapsa is an Assistant Professor and Head of the Department of Political and Digital States at the Kazimierz Wielki University in Bydgoszcz, Poland. She is a political scientist and psychologist specialising in the role of digital technologies in shaping civic participation, public opinion and democratic engagement.

Her research focuses on e-participation, digital governance and citizens' resilience to disinformation and information warfare. She studies the political preferences of young people, digital resilience and forms of political engagement in the context of new technologies. She employs mixed-methods approaches, including survey research and quantitative data analysis. She actively participates in international academic collaboration and delivers training on communication and digital literacy. She has taken part in numerous international projects, including research on e-voting systems and digital and psychological resilience.