

SYLLABUS

Concerning the cycle of education **2025- 2031**

Academic year 2025/2026

1. BASIC INFORMATION CONCERNING THIS SUBJECT / MODULE

Subject / Module	Sociology of Medicine
Course code / module *	SM/D
Faculty of (name of the leading direction)	Faculty of Medicine, University of Rzeszow
Department Name	Faculty of Health Sciences and Psychology, University of Rzeszow
Field of study	Medicine
Level of education	Uniform master studies
Profile	General academic
Form of study	Stationary / non-stationary
Year and semester	Year I, semester 1
Type of course	Obligatory
Language of instruction	English
Coordinator	Assoc. Prof. Małgorzata Nagórska
Name(s) of the instructor(s)	Assoc. Prof. Małgorzata Nagórska

* - according to the resolutions of the Faculty of Medicine

1.1. Forms of classes, number of hours and ECTS

Semester (No.)	Lecture	Exercise	Conversation	Laboratory	Seminar	Practical	Others	Number of points ECTS
1	25	-	-	-	-	-	-	2

1.2. The form of class activities

- ☒ Classes are conducted in a traditional format
- ☒ Classes are conducted using distance learning methods and techniques

1.3 Examination Forms / module (exam, credit with grade or credit without grade)

credit with grade

2. REQUIREMENTS

Basic knowledge of history and social studies at the secondary school level

3. OBJECTIVES, OUTCOMES, AND PROGRAM CONTENT USED IN TEACHING METHODS

3.1 Objectives of this course

C ₁	In terms of knowledge: mastering the fundamentals of general sociology and medical sociology, understanding the sociological aspects of health and illness, and developing practical skills related to socio-cultural differences in approaches to health and illness.	
C ₂	In terms of skills: acquiring the ability to recognize subjective needs and attitudes toward health, taking into account the socio-cultural context.	
C ₃	In terms of social competences: fostering attitudes of openness and sensitivity to social and health-related issues in society.	

3.2 Outcomes for the course

EK (the effect of education)	Content of the learning outcome defined for the subject	Reference to directional effects ¹
EK_01	The psychophysical development of the human being from birth to death, taking into account the specific features of physical, emotional, cognitive, and social development.	D.W1.
EK_02	The concepts of health and illness, and the influence of the social environment (family, work, social relations) as well as socio-cultural factors (origin, social status, religion, nationality, and ethnic group) on the patient's health status.	D.W2.
EK_03	Human behaviors conducive to maintaining health and the principles of motivating patients toward health-promoting behaviors (Prochaska and DiClemente's Stages of Change model, motivational interviewing).	D.W3.
EK_04	The concept of stress, including eustress and distress, and the impact of stress on the etiopathogenesis and course of somatic diseases and mental disorders, as well as the mechanisms of coping with stress.	D.W4.

¹ In the case of an educational path leading to teaching qualifications, also include the learning outcomes from the standards for teacher training.

EK_05	Social attitudes toward illness, disability, and old age, and the specific impact of stereotypes, prejudice, and discrimination.	D.W5.
EK_06	The psychosocial consequences of acute and chronic illness in children, including adolescents, and in adults.	D.W8.
EK_07	The psychosocial consequences of hospitalization of children, including adolescents, and adults in emergency situations and chronic illnesses.	D.W9.
EK_08	The psychosocial consequences of illness for the patient's family (a family with a sick child, including an adolescent, an adult, or an elderly person).	D.W10.
EK_09	Forms of violence, including domestic violence, the social determinants of various forms of violence, and the role of the physician in its recognition, as well as the principles of action in cases of suspected violence, including the 'Blue Card' procedure.	D.W13.
EK_10	Implementing the principles of professional collegiality and teamwork with specialists, including representatives of other medical professions, also in multicultural and multinational environments.	K.09.

3.3 Course Content - Lecture Topics

Sociology as a science: subject matter, theories, and research methods. The development of medical sociology in Poland and worldwide.
The psychosocial development of the human being. The family as a social group. The role of the family group in shaping health and illness, as well as health-related behaviors.
Socialization and behaviors in health and illness. Socio-cultural determinants of health and illness, as well as health-related behaviors. Health behaviors. Health-promoting activities.
Health as a socio-cultural value. The culturally diverse patient.
Sociological concepts of health and illness. Psychosocial consequences of illness.
The hospital as a social institution. Models of hospital care. Selected issues in medical professions.
Social stress and health status.
Socio-medical indicators of health status. The concept of quality of life in medicine.
Social attitudes toward disability and aging, death, and dying. Stigmatization and social exclusion. Social support.
Selected social pathologies and their impact on the health of individuals and families. Suicide as a social problem. The 'Blue Card' procedure.

3.4 Didactic methods

Lecture: Lecture with Multimedia Presentation.

4. ASSESSMENT METHODS AND CRITERIA

4.1 Methods of verifying learning outcomes

Symbol of effect	Methods of Assessing Learning Outcomes	Form of classes (Lectures, Exercises, ...)
EK_01	written knowledge test	L
EK_02	written knowledge test	L
EK_03	written knowledge test	L
EK_04	written knowledge test	L
EK_05	written knowledge test	L
EK_06	written knowledge test	L
EK_07	written knowledge test	L
EK_08	written knowledge test	L
EK_09	written knowledge test	L

4.2 Course completion requirements (evaluation criteria)

Lecture (L): Completion requires attendance and active participation in classes, as well as a positive grade on the written test.

Criteria for a passing grade on the multiple-choice test:

- Achieving at least 60% of the total points by providing correct answers.
- The written test consists of 20 single-choice questions covering the entire course material.
- Test duration: 30 minutes.
- 1 point for each correct answer; 0 points for an incorrect answer.
- Grading scale: 2.0 – 5.0

Assessment:

5.0 – has knowledge of each of the contents of education at the level of 93%-100%
4.5 – has knowledge of each of the contents of education at the level of 85%-92%
4.0 – has knowledge of each of the contents of education at the level of 77%-84%
3.5 – has knowledge of each of the contents of education at the level of 69%-76%
3.0 – has knowledge of each of the contents of education at the level of 60%-68%
2.0 – has knowledge of each of the contents of education below 60%

5. TOTAL STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES IN HOURS AND ECTS CREDITS

Form of activity	Average number of hours required to complete the activity
Contact hours according to the study schedule	25
Other activities involving academic staff (consultations, examinations)	2
Non-contact hours – student's independent work (preparation for classes, examinations, etc.)	20
SUM OF HOURS	47
TOTAL NUMBER OF ECTS	2

** It should be noted that 1 ECTS credit corresponds to 25–30 hours of total student workload.*

6. TRAINING PRACTICES IN THE SUBJECT

Number of hours	-
Rules and forms of apprenticeship	-

7. LITERATURE

Basic literature:

1. Giddens A. Sociology. Polity Press, 2015.
 2. Barkan S.E. Health, Illness, and Society: An Introduction to Medical Sociology. USA: Rowman & Littlefield Publishers 2022.
- Constantinou C.S. Applied sociology of Health and Illness. Taylor&Francis LTD 2023.

Additional literature:

1. Larry D. Purnell, Betty J. Paulanka. Transcultural Health Care. A population approach. Springer 2023.
2. Petersen A. (ed.) Handbook on the Sociology of Health and Medicine. UK: Edward Elgar Publishing, 2023.

Approved by the Head of the Department or an authorised person