

SYLLABUS

Concerning the cycle of education **2024- 2030**

Academic year 2025/2026

1. BASIC INFORMATION CONCERNING THIS SUBJECT / MODULE

Subject / Module	Public Health
Course code / module *	ZP/G
Faculty of (name of the leading direction)	Medical College of Rzeszów University
Department Name	Institute of Nursing and Health Sciences Department of Public Health
Field of study	Medicine
Level of education	Uniform master's studies
Profile	General Academic Profile
Form of study	Stationary / non-stationary
Year and semester	Year II, semester III
Type of course	Obligatory
Language	English
Coordinator	Dr Andrii Pozaruk
First and Last Name of the Teacher	Dr Andrii Pozaruk

* - According to the resolutions of the Faculty of Medicine

1.1. Forms of classes, number of hours and ECTS

Lecture	Exercise	Conversation	Laboratory	Seminar	Practical	Self-learning	Number of points ECTS
20	-	-	-	-	-	-	1

1.2. The form of class activities

☒ classes are in the traditional form

☐ classes are implemented using methods and techniques of distance learning

1.3. Examination Forms / module (exam, credit with grade or credit without grade)

2. REQUIREMENTS

3. OBJECTIVES, OUTCOMES, AND PROGRAM CONTENT USED IN TEACHING METHODS

3.1. Objectives of this course/module

C ₁	Obtaining basic knowledge in the field of health promotion and public health, taking into account the organization of the health care system in Poland and in the world, as well as funding rules.
C ₂	Obtaining knowledge on the elements of a healthy lifestyle and the ability to identify health problems in the population dimension, taking into account demographic trends and risk factors (especially infectious and chronic diseases) as well as the ability to plan adequate preventive actions.

3.2 OUTCOMES FOR THE COURSE / MODULE

EK (the effect of education)	The content of the learning effect defined for the subject (module)	Reference to directional effects (KEK)
EK_01	He knows the concept of public health, his goals, tasks, and also the structure and organization of the health care system on national and global level, and the impact of conditions and economic opportunities for health protection;	G. W4.
EK_02	He knows the principles of health promotion, its tasks and the main directions of activity, with particular emphasis on acquaintance the role of elements of a healthy lifestyle;	G. W5.
EK_03	He knows the basic regulations regarding organization and financing health care, general insurance and organization of the undertaking's enterprises therapeutic;	G. W7.
EK_04	Describes the demographic structure of the population and on this based on the assessment of population health problems;	G. U1.
EK_05	Collects information on the presence of factors the risk of infectious and chronic diseases, and plans preventive actions at various levels of activity;	G.U2.

3.3. CONTENT CURRICULUM

A. Lectures

Course contents
Public health - conceptual scope, objectives of the task. New Public Health.
Determinants of health - measurement of the health status of the population. Stages of creating programs in the field of public health
Health paradigms. Health promotion, disease prevention - conceptual scopes, tasks, types.
Health promotion. as a health care task. National Health Program.
Demographic structure and health problems of the population
Financing health care in Poland and in the world. Universal health insurance.
Determinants of the efficiency of health protection. Selected indicators of health care.
Can we talk about the market in healthcare?
Organization rules of the medical entity
The main health systems in the world. The health care system in Poland.

3.4. TEACHING METHODS

Lecture: problem lecture / lecture with multimedia presentation / distance learning methods

4. METHODS AND EVALUATION CRITERIA

4.1. Methods of verification of learning outcomes

Symbol of effect	Methods of assessment of learning outcomes (Eg.: tests, oral exams, written exams, project reports, observations during classes)	Form of classes
EK_01	Written colloquium (test + Open question)	Lecture
EK_02	Written colloquium (test + Open question)	Lecture
EK_03	Written colloquium (test + Open question)	Lecture
EK_04	Written test (Open question)	Lecture
EK_05	Design	Lecture

4.2. Conditions for completing the course (evaluation criteria)

Written test:

5.0 - has knowledge of the content of education at the level of 91% -100%

4.5 - has knowledge of the content of education at the level of 84% -90%

4.0 - has knowledge of the content of education at the level of 77% -83%

3.5 - has knowledge of the content of education at the level of 70% -76%

3.0 - has knowledge of the content of education at the level of 60% -69%

2.0 - has knowledge of the educational content below 60%

Positive evaluation of the subject can be obtained only on condition of obtaining a positive assessment for each of the established learning outcomes.

Design:

5.0 - has knowledge of the content of education at the level of 91% -100%

4.5 - has knowledge of the content of education at the level of 84% -90%

4.0 - has knowledge of the content of education at the level of 77% -83%

3.5 - has knowledge of the content of education at the level of 70% -76%

3.0 - has knowledge of the content of education at the level of 60% -69%

2.0 - has knowledge of the educational content below 60%

The final grade is the sum of:

Grades from the written colloquium (weight 0.75) + grade from the project (weight 0.25)

TOTAL STUDENT WORKLOAD REQUIRED TO ACHIEVE THE DESIRED RESULT IN HOURS AND ECTS CREDITS

Activity	Hours / student work
Hours of classes according to plan with the teacher	20
Preparation for classes	20
Participation in the consultations	2
The time to write a paper / essay	-
Preparation for tests	10
Participation in colloquia	1
Other (e-learning)	5
SUM OF HOURS	58
TOTAL NUMBER OF ECTS	1

5. TRAINING PRACTICES IN THE SUBJECT / MODUL

Number of hours	-
Rules and forms of apprenticeship	-

6. LITERATURE

READING:

1. **Health Policy and Public Health**, Jerzy Leowski, CeDeWu, 2010
2. **Public Health in Poland**, Maria D. Głowacka, Joanna Zdanowska, Wolters Kluwer, 2013
3. **Public Health**, Marian Sygit, Wolters Kluwer, 2010
4. **Public Health: Selected Issues, Volume I**, Antoni Czupryna, Stefan Poździuch, Andrzej Ryś, Cezary Włodarczyk, Vesalius, 2000

Acceptance Unit Manager or authorized person

