

## SYLLABUS

Concerning the cycle of education **2025- 2031**

Academic year 2026/2027

### 1. BASIC INFORMATION CONCERNING THIS SUBJECT

|   |  |
|---|--|
| Subject name                            | <b>Molecular Biology</b>   |
| Course code *                           | <b>B</b>   |
| Faculty (name of the leading direction) | <b>Faculty of Medicine, University of Rzeszow</b>                                |
| Department Name                         | <b>Department of Biology<br/>Laboratory Diagnostics and Clinical Epigenetics</b> |
| Field of study                          | <b>Medicine</b>  |
| Level of education                      | <b>Uniform master studies</b>  |
| Profile                                 | <b>General academic</b>  |
| Form of study                           | <b>Stationary / non-stationary</b>   |
| Year and semester                       | <b>Year II, semester 3</b>   |
| Type of course                          | <b>Obligatory</b>  |
| Language of instruction                 | <b>English</b>   |
| Coordinator                             | <b>Dr Aleksander Myszka, PhD</b>   |
| Name(s) of the instructor(s)            | <b>Dr Aleksander Myszka, PhD<br/>Karolina Maternia-Dudzik, MSc</b>               |

\* - according to the resolutions of the Faculty of Medicine

#### 1.1. Forms of classes, number of hours and ECTS points

| <b>Semester<br/>(no.)</b> | <b>Lecture</b> | <b>Exercise</b> | <b>Conversation</b> | <b>Laboratory</b> | <b>Seminar</b> | <b>Practical</b> | <b>Number<br/>of<br/>points<br/>ECTS</b> |
|---------------------------|----------------|-----------------|---------------------|-------------------|----------------|------------------|--|
| 3                         | 20             | 20              | -                   | -                 | -              | -                | 3  |

#### 1.2. The form of class activities

- ☒ Classes are conducted in a traditional format
- ☒ Classes are implemented using methods and techniques of distance learning

#### 1.3. Examination Forms: (exam, credit with grade or credit without grade); **credit with grade**

## 2. BASIC REQUIREMENTS

|   |
|---|
| The students should know the basics of cell biochemistry and biology. |
|---|

## 3. OBJECTIVES, LEARNING OUTCOMES, AND PROGRAM CONTENT USED IN TEACHING METHODS

### 3.1. Objectives of this course

|                |   |
|----------------|---|
| C <sub>1</sub> | Understanding the molecular mechanisms of cell functioning  |
| C <sub>2</sub> | Understanding the structure and principles of the functioning of the human genome and genes                                       |
| C <sub>3</sub> | Understanding the process of cell division, disturbances in cell division, aging, and the processes leading to cancer development |
| C <sub>4</sub> | Understanding molecular methods of gene analysis, their applications, and limitations   |
| C <sub>5</sub> | Understanding the principles of conducting molecular scientific research and selecting appropriate methods                        |
| C <sub>6</sub> | Understanding the possibilities of using molecular techniques in various aspects of medicine                                      |
| C <sub>7</sub> | Ability to perform basic molecular research and database analyses   |

### 3.2. Outcomes for the course

| EK (the effect of education) | The content of the learning effect defined for the subject   | Reference to directional effects <sup>1</sup> |
|------------------------------|--|---|
| EK_01                        | The graduate knows and understands the basic catabolic and anabolic pathways, the mechanisms of their regulation, and the influence of genetic and environmental factors on them | B. W13.                                       |
| EK_02                        | The graduate knows and understands the basic methods used in laboratory diagnostics, including protein and nucleic acid electrophoresis  | B. W14.                                       |
| EK_03                        | The graduate knows and understands the processes of the cell cycle, proliferation, differentiation and aging of cells,   | B. W17.                                       |

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<sup>1</sup> In the case of an educational path leading to teaching qualifications, also include the learning outcomes from the standards for teacher training.

|       |   |         |
|-------|---|---------|
|       | apoptosis, and necrosis, as well as their significance for the functioning of the organism  |         |
| EK_04 | The graduate is able to predict the direction of biochemical processes depending on the energetic state of the cells                                      | B. U6.  |
| EK_05 | The graduate is able to use medical databases and accurately interpret the information contained in them to solve problems in basic and clinical sciences | B. U8.  |
| EK_06 | The graduate is able to use basic laboratory and molecular techniques   | B. U12. |
| EK_07 | The graduate is prepared to recognise and acknowledge their own limitations, as well as to self-assess deficits and educational needs                     | K.05.   |
| EK_08 | The graduate is prepared to utilise objective sources of information  | K.07.   |
| EK_09 | The graduate is prepared to draw conclusions from their own measurements or observations.   | K.08.   |

### 3.3. Programme content

#### A. Problems of the lecture

| Course contents  |
|--|
| 1. Introduction to molecular biology. The structure of nucleic acids and DNA replication. Cell cycle.                          |
| 2. Genome organisation and gene expression. The structure of eukaryotic chromosomes  |
| 3. Overview of the epigenome, transcriptome, and proteome. Protein synthesis and post-translational modifications of proteins. |
| 4. Molecular basis of cancer transformation. Mutagenesis, DNA damage and DNA repair.   |
| 5. Molecular biology techniques are used in the routine diagnosis of human diseases.   |
| 6. Overview of next-generation sequencing and introduction to databases. Assessment of pathogenicity of genetic variants.      |
| 7. Basics of genetic engineering. DNA cloning and its applications. The application of genetic engineering in gene therapy.    |

#### B. Problems of auditorium, seminar, laboratory and practical classes

| Course contents  |
|--|
| 1. Principles of work in a molecular laboratory. Organisation and work safety. Basic molecular biology procedures and laboratory organisation. |
| 2. Isolation of genomic DNA from peripheral blood. Measurement of isolate concentration using a spectrophotometer.                             |
| 3. Polymerase chain reaction (PCR). Principle of the method and assay performance.   |
| 4. Preparation of agarose gels. Agarose electrophoresis of PCR products. Overview of the principles of Sanger and Next Generation sequencing.  |
| 5. Real-time PCR (qPCR). Principle of the method and reaction performance. Overview of electrophoresis results.                                |
| 6. Overview of qPCR results.   |

- |  |
|--|
| 7. Introduction to databases. Assessment of the pathogenicity of genetic variants. Working with databases – searching for information in the ClinVar and OMIM databases. |
| 8. Final test + discussion of sample molecular test results – clinical examples.   |

### 3.4. Didactic methods

**Lecture:** problem lecture, lecture with multimedia presentation, distance learning methods

**Exercises:** project method (research project, implementation, practical / group work / problem solving / discussion / experiment execution, experience design)

## 4. ASSESSMENT METHODS AND CRITERIA

### 4.1. Methods of assessing learning outcomes

| Symbol of effect | Methods of assessing learning outcomes (e.g., test; colloquium; oral exam; written exam; project; report; observation during classes) | Form of classes (Exercises, Seminar...) |
|------------------|---|---|
| EK_01            | colloquium  | lecture                                 |
| Ek_02            | colloquium  | lecture                                 |
| Ek_03            | colloquium  | lecture                                 |
| Ek_04            | report, observations during classes   | exercises                               |
| Ek_05            | colloquium, observations during classes, report   | lecture, exercises                      |
| Ek_06            | observations during classes, report   | lecture, exercises                      |
| Ek_07            | observations during classes   | lecture, exercises                      |
| Ek_08            | observations during classes   | lecture, exercises                      |
| Ek_09            | observations during classes   | lecture, exercises                      |

### 4.2. Course completion requirements (evaluation criteria)

Lectures, classes (EK\_01 - EK\_09)

Positive assessment of the tests, positive assessment of the report, positive assessment of the students' work during classes, 100% attendance.

Final colloquium – single-choice test.

**Assessment criteria:**

5.0 - has knowledge of the education content at the level of 93% -100%

4.5 - shows knowledge of the content of education at the level of 85% -92%

4.0 - shows knowledge of the content of education at the level of 77% -84%

3.5 - shows knowledge of the content of education at the level of 69% -76%

3.0 - shows knowledge of the content of education at the level of 60% -68%

2.0 - shows knowledge of the educational content below 60%

Positive evaluation of the subject can be obtained only on condition of obtaining a positive assessment for each of the established learning outcomes.

## 5. TOTAL STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES IN HOURS AND ECTS CREDITS

| Form of activity   | Average number of hours required to complete the activity |
|--|---|
| Contact hours according to the study schedule  | 40  |
| Other activities involving academic staff (participation in consultations, exams)    | 3   |
| Non-contact hours – student's independent work (preparation for classes, exam, etc.) | 32  |
| SUM OF HOURS   | 75  |
| <b>TOTAL NUMBER OF ECTS</b>  | <b>3</b>  |

*\* Please note that 1 ECTS point corresponds to 25–30 hours of total student workload.*

## 6. PRACTICAL TRAINING IN THIS SUBJECT

|                                |   |
|--------------------------------|---|
| Number of hours                | - |
| Rules and forms of internships | - |

## 7. LITERATURE

|  |
|--|
| <b>Basic literature:</b> Lippincott Illustrated Reviews: Cell and Molecular Biology. Nalini Chandar, Susan M. Viselli; Wolters Kluwer Health, 2019   |
| <b>Additional literature:</b> 1. Biochemistry, molecular biology and genetics. Lieberman, Michael A. Ricer, Rick E.; Wolters Kluwer Health/Lippincott Williams & Wilkins, copyright 2020<br>2. Introduction to molecular biology and molecular genetics., Wilczok, Tadeusz Tkacz, Magdalena A., Institute of Computer Science. University of Silesia, 2009<br>3. Advanced lab practices in biochemistry and molecular biology., Agarwal, Swati Khan, Suphiyal, . K., International Publishing House Pvt. Ltd, 2018<br>4. Molecular cell biology., Lodish, Harvey F. Berk, Arnold Kaiser, Chris A, Krieger, Monty Bretscher, Anthony Ploegh, Hidde Amon, Angelika Martin, Kelsey C., W. H. Freeman and Company. cop. 2016 |

Approved by the Head of the Department or an authorised person

