Appendix No. 1.5 to the Rector of the University of Rzeszów Resolution No. 7/2023

SYLLABUS

Concerning the cycle of education **2024- 2030**

Academic year 2025/2026

1. BASIC COURSE/MODULE INFORMATION

Course/Module title	**Basic Life Support and Team Building Training**
Course/Module code *	**BLSTBT**
Faculty (name of the unit offering the field of study)	**Medical College, Medicine, Programme in English**
Name of the unit running the course	**Department of Emergency and Intensive Medicine**
Field of study	**Medicine**
Qualification level	**Uniform Master Studies**
Profile	**Stationary**
Study mode	**Full-time studies**
Year and semester of studies	**2nd year, 3rd semester**
Course type	**Elective**
Language of instruction	**English**
Coordinator	**Przemysław Guła MD, PhD**
Course instructor	**Przemysław Guła MD,PhD** **Łukasz Jurczak**

** - as agreed at the faculty*

1.1. Learning format – number of hours and ECTS credits

Semester (no.)	Lectures	Classes	Laboratories	Seminars	Practical classes	Internships	**ECTS credits**
III	-	-	-	25	-	-	1

1.2. Course delivery methods

■ conducted in a traditional way

- involving distance education methods and techniques

1.3. Course/Module assessment (exam, **pass with a grade,** pass without a grade)

2. PREREQUISITES

NO BASIC REQUIREMENTS

3. OBJECTIVES, LEARNING OUTCOMES, COURSE CONTENT, AND INSTRUCTIONAL METHODS

3.1. Course/Module objectives

O1	*Familiarize students how to recognize the potential risks and react, how to recognize the variable basic patients symptoms, how to cooperate in the team*
O2	*Introducing students how to work in the difficult environment (noise, crowd, stress*)
O3	*Familiarize students what decision making process is, what leadership is and how to be a leader*
O4	*Familiarize students with Team building and situational awareness -based on Basic Life Support scenarios*

3.2. COURSE/MODULE LEARNING OUTCOMES

Learning Outcome	The description of the learning outcome defined for the course/module	Relation to the degree programme outcomes
LO_01	guidelines for cardiopulmonary resuscitation of newborns, children and adults;	F.W9.
LO_02	perform basic life support (BLS) in newborns and children in accordance with the guidelines of the European Resuscitation Council (ERC);	F.U9.
LO_03	be guided by the patient's well-being;	K.02

3.3. Course content (to be completed by the coordinator)

A. Lectures

Content outline
None

B. Classes, laboratories, seminars, practical classes

Content outline -seminars and classes at the Medical Simulation Centre
Basic Life Support / Based on ERC Protocols
Trauma Life Support/ Based on ITLS/ Asses the PTSD, AVPU and ABCD
Recognizing the variable basic patients symptoms
Working in the difficult environment (noise, crowd, stress)
How to cooperate in the team
Creating the ability of working in the team / being aware of situational changes/ taking the role of the leader
Student is familiar with Safety considerations
Student is familiar with Emergency system in Poland
Student is familiar with Basic assesement (ABC)
Student is familiar with Cardiopulmonary resuscitation
Student is familiar with Automatic External Defibrylation (AED)
Student is familiar with Recovery position
Student is familiar with Clinical situations (choking, seizures, submersion)
Student is familiar with Basic Trauma (Massive Bleeding, Fractures)

3.4. Methods of Instruction

e.g.
Lecture: a problem-solving lecture/a lecture supported by a multimedia presentation/ distance learning

Classes: text analysis and discussion/project work (research project, implementation project, practical project**)/ group work (problem solving, case study, discussion)/**didactic games/ distance learning

Laboratory classes: designing and conducting experiments

4. ASSESSMENT TECHNIQUES AND CRITERIA

4.1. Methods of evaluating learning outcomes

Learning outcome	Methods of assessment of learning outcomes (e.g. test, oral exam, written exam, project, report, observation during classes)	Learning format (lectures, classes,...)
LO-01 – LO -03	OBSERVATION DURING CLASSES, CREDIT FOR PROCEDURES ASSIGNED TO THE COURSE	SEMINAR

4.2 Course assessment criteria

1. Mandatory attendance and active participation in all forms of classes.
2. Positive assessment of knowledge
3. Activity

5. TOTAL STUDENT WORKLOAD NEEDED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS

Activity	Number of hours
Course hours	25
Other contact hours involving the teacher (consultation hours, examinations)	-
Non-contact hours - student's own work (preparation for classes or examinations, projects, etc.)	-
Total number of hours	25
Total number of ECTS credits	1

** One ECTS point corresponds to 25-30 hours of total student workload*

6. INTERNSHIPS RELATED TO THE COURSE/MODULE

Number of hours	-
Internship regulations and procedures	-

7. INSTRUCTIONAL MATERIALS

Compulsory literature: 1. Adult basic life support Guidelines | Resuscitation Council UK, 2. ITLS 2022 (International Trauma Life Support 3. TCCC Guidelines 2021 4. Health care professional development: Working as a team to improve patient care (https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4949805/)
Complementary literature:

Approved by the Head of the Department or an authorised person