

## SYLLABUS

concerning the cycle of education **2024-2030**

Academic year 2024/2025

### 1. BASIC INFORMATION CONCERNING THIS SUBJECT / MODULE

|  |  |
|--|--|
| Subject / Module                           | Elements of Professionalism                  |
| Course code / module *                     | PrM  |
| Faculty of (name of the leading direction) | Medical College of The University of Rzeszów |
| Department Name                            | Laboratory of Medical Psychology             |
| Field of study                             | Medicine                                     |
| Level of education                         | Uniform master studies                       |
| Profile                                    | General academic                             |
| Form of study                              | Stationary / non-stationary                  |
| Year and semester                          | Year I, semester 1                           |
| Type of course                             | Obligatory                                   |
| Language of instruction                    | English                                      |
| Coordinator                                | Dr Natasza Orlov                             |
| Name(s) of the instructor(s)               | Dr Natasza Orlov                             |

\* - according to the resolutions of the Faculty of Medicine

#### 1.1. Forms of classes, number of hours and ECTS

| Lecture | Exercise | Conversation | Laboratory | Seminar | ZP | Practical | Others | Number of points ECTS |
|---------|----------|--------------|------------|---------|----|-----------|--------|-----------------------|
| 10      | -        | -            | -          | 10      | -  | -         | -      | 2                     |

#### 1.2. The form of class activities

- ☒ Classes are conducted in a traditional format
- ☒ Classes are conducted using distance learning methods and techniques

#### 1.3 Examination Forms (Ongoing Assessment): (exam, credit with grade or credit without grade); **credit with grade**

### 2. BASIC REQUIREMENTS

|  |
|--|
| Knowledge in Medical Ethics and Medical Psychology |
|--|

### 3. OBJECTIVES, OUTCOMES, AND PROGRAM CONTENT USED IN TEACHING METHODS

#### 3.1. Objectives of this course

|                |  |
|----------------|--|
| C <sub>1</sub> | Acquisition by the student of the ability to recognize health problems and to determine priorities in medical management.  |
| C <sub>2</sub> | Gaining comprehensive knowledge about the importance and course of a proper physician–patient relationship, with particular emphasis on the communication process.<br>Developing the skills to identify key information relevant to the therapeutic process regarding the patient’s socio-cultural and economic situation, to analyze this information and draw conclusions, as well as to assess the patient’s cognitive-emotional state and communication abilities. |
| C <sub>3</sub> | Understanding the social dimension of health and illness, the impact of the social environment (family, social networks) and social inequalities on health, as well as socio-cultural differences in health-related and self-destructive behaviors.  |
| C <sub>4</sub> | Development of skills for conscious and effective learning, taking into account the specifics of medical studies and future professional practice.   |

#### 3.2. Outcomes for the course

| EK (the effect of education)                         | The content of the learning effect defined for the subject  | Reference to program learning outcomes (KEK) |
|--|---|--|
| <b>Knowledge: the graduate knows and understands</b> |   |  |
| EK_01  | the concept of empathy, as well as phrases and behaviors used to express it;  | D.W6.  |
| EK_02  | the specifics and role of verbal communication (conscious construction of messages) and non-verbal communication (e.g., facial expressions, gestures, managing silence and personal space); | D.W7.  |
| EK_03  | patient rights and the concept of the patient’s best interests;   | D.W16.                                       |
| EK_04  | the philosophy of palliative care and its significance in the context of caring for patients at all stages of serious illness and in ensuring a dignified death;                            | D.W17.                                       |
| EK_05  | fundamentals of evidence-based medicine;  | D.W19.                                       |
| EK_06  | the concepts of patient safety and safety culture, including their organizational, communicational, and managerial aspects.   | D.W20.                                       |
| <b>Skills: the graduate is able to</b>               |   |  |
| EK_07  | adhere to ethical standards in professional practice, including planning and conducting the therapeutic process   | D.U1.  |

|  |   |        |
|--|---|--------|
|  | in accordance with ethical values and the principles of humanism in medicine;   |        |
| EK_o8  | recognize the ethical dimension of medical decisions and distinguish between factual and normative aspects;   | D.U2.  |
| EK_o9  | respect patient rights;   | D.U3.  |
| EK_10  | demonstrate responsibility for improving one's own qualifications and sharing knowledge with others;  | D.U4.  |
| EK_11  | critically analyze medical literature, including in English, and draw conclusions;  | D.U5.  |
| EK_12  | develop and enhance self-awareness, the ability for self-reflection, and self-care, as well as reflect with others on one's own communication and behavior;   | D.U7.  |
| EK_13  | recognize one's own emotions and manage them in interactions with others in order to perform work effectively despite personal emotional reactions;   | D.U8.  |
| EK_14  | describe and critically evaluate one's own behavior and communication, taking into account possible alternative actions;  | D.U9.  |
| EK_15  | adapt verbal communication to the patient's needs, expressing oneself clearly and avoiding medical jargon;  | D.U11. |
| EK_16  | recognize and analyze challenging situations and communication-related difficulties, including crying, strong emotions, anxiety, interruptions, sensitive or awkward issues, silence, withdrawal, aggressive or demanding behavior, and handle them constructively; | D.U12. |
| EK_17  | establish contact with the patient and accompanying person to build an appropriate relationship (e.g., the <u>4 Habits Model</u> : <i>Invest in the beginning, Demonstrate empathy, Elicit the patient's perspective, Invest in the end</i> );                      | D.U13. |
| EK_18  | view the situation from the patient's perspective, creating an appropriate conversational context and using elicitation methods, then incorporate this perspective into verbal communication.   | D.U14. |
| <b>Social competences: the graduate is prepared to</b> |   |        |
| EK_19  | use of objective sources of information;  | K.7    |
| EK_20  | implement principles of professional collegiality and teamwork with specialists, including representatives of other medical professions, also in multicultural and multinational environments.  | K.9    |

### 3.3. Programme content

#### A. Lecture topics

| Course content  |
|---|
| Organizational and introductory classes.<br>Familiarizing students with the e-learning course rules and providing the assessment criteria.  |
| The physician in the Polish healthcare system. The social dimension of health and illness.  |
| Health-related quality of life; Evidence-based medicine.  |
| Verbal communication methods; disruptions in the communication process; communication errors and strategies to eliminate them; non-verbal communication and its various dimensions. |
| Structure of the physician–patient relationship; roles of participants in the physician–patient relationship; building rapport with the patient; patient rights.                    |
| Presentation of macro- and micro-skills in conducting a medical interview; verbal and non-verbal aspects of behavior; skills leading to gaining the patient’s trust.                |

#### B. Seminar topics

| Course content   |
|--|
| Organizational and introductory classes.<br>Familiarizing students with with the subject matter, course completion criteria, and principles of critical thinking.  |
| Professionalism in medicine: concept of professionalism, healthcare models, definitions and significance of disability, health, aging, etc. Cultural, ethnic, and national determinants of human behavior. |
| Examples of social inequalities in health in Poland and abroad: access to physicians and nurses, access to medications, access to healthcare institutions.   |
| Reducing social inequalities in health by influencing health behaviors: tobacco use, alcohol consumption, overweight and obesity (Polish and international examples).                                      |
| The social role of the physician; social consequences for the patient resulting from different treatment methods. The duty to provide care.  |

The social dimension of health and illness. Social attitudes in Poland towards people who are sick or disabled. The role of social stress in health-related and self-destructive behaviors.

### 3.4. Didactic methods

**Lecture:** e-learning course

**Seminar:** case studies, discussions, group work, presentation of topics in the group forum

**Independent student work:** reading and studying from textbooks

## 3 ASSESSMENT METHODS AND CRITERIA

### 4.1 Methods of assessing learning outcomes

| Symbol of effect | Methods of assessing learning outcomes (e.g., test; oral exam; written exam; project; report; observation during classes) | Form of classes (Lectures, Exercises, Seminar...) |
|------------------|---|---|
| EK_01- EK_06     | Written assessment after completion and passing of all parts of the e-learning course                                     | L + SEM.  |
| EK_07- EK_20     | Observation of participation during classes, assessment of oral presentations, and group work                             | SEM.  |

### 4.2 Course completion requirements (evaluation criteria)

#### **Lectures – Knowledge Assessment:**

Completion of the e-learning course requires solving 3–4 tasks after each of the three course modules. The final test consists of single-choice, closed, and semi-open questions. Unexcused absence from the assessment results in a failing grade.

#### **Written Exam – Assessment Criteria:**

- **Pass:** demonstrates knowledge of the course content at a level of at least 60%
- **Fail:** demonstrates knowledge of the course content below 60%

#### **Detailed Assessment Criteria:**

5.0 – student demonstrates knowledge of all educational content at the level of 93%-100%  
 4.5 – student demonstrates knowledge of all educational content at the level of 85%-92%  
 4.0 – student demonstrates knowledge of all educational content at the level of 77%-84%  
 3.5 – student demonstrates knowledge of all educational content at the level of 69%-76%  
 3.0 – student demonstrates knowledge of all educational content at the level of 60%-68%  
 2.0 – student demonstrates knowledge of all educational content below 60%

#### **SKILL ASSESSMENT (SEMINAR)**

Average of grades for the presentation (weight 2/3) and participation in group work (weight 1/3)

**Grading scale:**

- 5.0 – demonstrates the ability to achieve the learning outcomes at a very good level  
 4.5 – demonstrates the ability to achieve the learning outcomes above a good level  
 4.0 – demonstrates the ability to achieve the learning outcomes at a good level  
 3.5 – demonstrates the ability to achieve the learning outcomes above a satisfactory level  
 3.0 – demonstrates the ability to achieve the learning outcomes at a satisfactory level  
 2.0 – does not demonstrate the ability to achieve the learning outcomes at the minimum satisfactory level

## 5. TOTAL STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES IN HOURS AND ECTS CREDITS

| Form of activity   | Average number of hours required to complete the activity |
|--|---|
| Contact hours according to the study schedule  | 20  |
| Other activities involving academic staff (participation in consultations, exams)            | 7   |
| Non-contact hours – student's independent work (preparation for classes, examinations, etc.) | 23  |
| SUM OF HOURS   | 30  |
| <b>TOTAL NUMBER OF ECTS</b>  | <b>4</b>  |

\* It should be noted that 1 ECTS point corresponds to 25–30 hours of total student workload.

## 6. TRAINING PRACTICES IN THE SUBJECT

|                                |   |
|--------------------------------|---|
| Number of hours                | - |
| Rules and forms of internships | - |

## 7. LITERATURA

### Basic literature:

Hope, T., Savulescu, J., Hendrick, J. *Medical Ethics and Law: A Curriculum for the 21st Century*. OUP.

Silverman, J., Kurtz, S., Draper, J. *Skills for Communicating with Patients*. CRC Press.

### Additional literature:

The European Code of Medical Ethics (CPME).

GMC, *Good Medical Practice*.

Council of Europe – *Oviedo Convention on Human Rights and Biomedicine*.

Brown, J., Noble, L.M., Papageorgiou, A. *Clinical Communication in Medicine*. Wiley-Blackwell.

Approved by the Head of the Department or an authorised person

