

studia: Jednolite magisterskie  
rok akademicki 2025/2026  
tryb niestacjonarny ZIMA

Wydział Nauk o Zdrowiu i Psychologii, Uniwersytet Rzeszowski

## Harmonogram zajęć

**ZJAZD NR 14**  
data aktualizacji: 22.10.2025

| PIĄTEK<br>16.01.2026                                                                                                                                                                                                                                                                  |  |  |  |  |  |  |  |  |  | SOBOTA<br>17.01.2026                                                                                                                    |  |  |  |  |  |  |  |  |  | NIEDZIELA<br>18.01.2026                                                                                                                 |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|-----------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|
| Godzina                                                                                                                                                                                                                                                                               |  |  |  |  |  |  |  |  |  | Godzina                                                                                                                                 |  |  |  |  |  |  |  |  |  | Godzina                                                                                                                                 |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 7:00-8:00                                                                                                                                                                                                                                                                             |  |  |  |  |  |  |  |  |  | 7:00-8:00                                                                                                                               |  |  |  |  |  |  |  |  |  | 7:00-8:00                                                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| OPIEKUN ROKU :<br><br>GRUPY:<br>w wykład<br>Nomenklatura - A, B, C<br>Laboratoria - I, II, III, IV, V, ...<br>zajęcia praktyczne- 1, 2, 3, 4, 5, ...<br>seminaria - I, II, III, IV, V, ...                                                                                            |  |  |  |  |  |  |  |  |  | Język angielski<br>mgr Waldemar Nahurski<br><br>gr. AA<br>C7 s.1.09                                                                     |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. B<br>A2 221/222                                            |  |  |  |  |  |  |  |  |  | Kształcenie ruchowe i metodyka nauczania ruchu<br>dr Daniel Szymczyk<br><br>gr. D<br>C7 s.025 |  |  |  |  |  |  |  |  |  | Technologie informacyjne<br>dr Marcin Zał<br><br>gr. E<br>C7 s. 1.08                          |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 9:00-10:00                                                                                                                                                                                                                                                                            |  |  |  |  |  |  |  |  |  | 9:00-10:00                                                                                                                              |  |  |  |  |  |  |  |  |  | 9:00-10:00                                                                                                                              |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| ARESKA ZAJĘĆ:<br>Budynki C7 i ul. Marcusińskiego 34a<br>Budynki A2 - ul. Kąkolita<br>Budynki G4, G5 - PMCB - Przyrodniczo Medyczne Centrum Badań Innowacyjnych, ul. Waryńskiego 1a<br>Podstawy fizjologii / Fizjologia terapeutyczna- Pływania "Musaika" ul. Stefana Sierzyńskiego 17 |  |  |  |  |  |  |  |  |  | Język angielski<br>mgr Waldemar Nahurski<br><br>gr. BB<br>C7 s.1.09                                                                     |  |  |  |  |  |  |  |  |  | Język angielski<br>mgr Joanna Mazur<br><br>gr. CC<br>C7 s.1.11                                                                          |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. D<br>A2 221/222  |  |  |  |  |  |  |  |  |  | Kształcenie ruchowe i metodyka nauczania ruchu<br>dr Daniel Szymczyk<br><br>gr. E<br>C7 s.025 |  |  |  |  |  |  |  |  |  | Biologia medyczna<br>dr hab. Agnieszka Banaś-Ząbczyk, prof. UR<br><br>gr. B<br>G4 s. 418      |  |  |  |  |  |  |  |  |  | Technologie informacyjne<br>dr Marcin Zał<br><br>gr. F<br>C7 s. 1.08                     |  |  |  |  |  |  |  |  |  |
| 11:00-12:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 11:00-12:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 11:00-12:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| ARESKA:<br>Plac 25 Praca w zawodach budowlanych zajęcia odbywają się w terminach uzgodnionych z wykładowcą<br>*terminum, terminy zajęć zostaną podane przez promotorów                                                                                                                |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 12:00-13:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 12:00-13:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 12:00-13:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 13:00-14:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 13:00-14:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 13:00-14:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr inż. Natalia Gałka<br><br>gr. D<br>A2 s. 234                                       |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. C<br>A2 221/222                                            |  |  |  |  |  |  |  |  |  | Technologie informacyjne<br>mgr Maciej Masłowski<br><br>gr. B<br>C7 s. 1.08                   |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. E<br>A2 s. 234   |  |  |  |  |  |  |  |  |  | Kształcenie ruchowe i metodyka nauczania ruchu<br>dr Daniel Szymczyk<br><br>gr. B<br>C7 s.025 |  |  |  |  |  |  |  |  |  | Biologia medyczna<br>dr hab. Agnieszka Banaś-Ząbczyk, prof. UR<br><br>gr. D<br>G4 s. 418 |  |  |  |  |  |  |  |  |  |
| 14:00-15:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 14:00-15:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 14:00-15:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 15:00-16:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 15:00-16:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 15:00-16:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| Biofizyka<br>dr Grzegorz Gruzel<br><br>gr. C<br>A0 s.131                                                                                                                                                                                                                              |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr inż. Natalia Gałka<br><br>gr. E<br>A2 s. 234                                       |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. A<br>A2 221/222                                            |  |  |  |  |  |  |  |  |  | Technologie informacyjne<br>dr Marcin Zał<br><br>gr. D<br>C7 s. 1.08                          |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr Patryk Kogut<br><br>gr. F<br>A2 221/222  |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 16:00-17:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 16:00-17:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 16:00-17:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  | Fizjologia ogólna i diagnostyka fizjologiczna<br>mgr inż. Natalia Gałka<br><br>gr. F<br>A2 s. 234                                       |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 17:00-18:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 17:00-18:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 17:00-18:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| Biofizyka<br>dr Grzegorz Gruzel<br><br>gr. A<br>A0 s.131                                                                                                                                                                                                                              |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 18:00-19:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 18:00-19:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 18:00-19:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  | Podstawy prawa medycznego, cywilnego i prawa pracy z ochroną własności intelektualnej<br>dr Anna Wójtowicz-Dawid<br>WYKŁAD online<br>*4 |  |  |  |  |  |  |  |  |  | Podstawy prawa medycznego, cywilnego i prawa pracy z ochroną własności intelektualnej<br>dr Anna Wójtowicz-Dawid<br>WYKŁAD online<br>*5 |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 19:00-20:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 19:00-20:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 19:00-20:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| Biofizyka<br>dr Grzegorz Gruzel<br><br>gr. B<br>A0 s.131                                                                                                                                                                                                                              |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 20:00-21:00                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 20:00-21:00                                                                                                                             |  |  |  |  |  |  |  |  |  | 20:00-21:00                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
| 21:00-21:30                                                                                                                                                                                                                                                                           |  |  |  |  |  |  |  |  |  | 21:00-21:30                                                                                                                             |  |  |  |  |  |  |  |  |  | 21:00-21:30                                                                                                                             |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                       |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                                                                         |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                               |  |  |  |  |  |  |  |  |  |                                                                                          |  |  |  |  |  |  |  |  |  |