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- # Visegrad Fund
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Workshop

on methodology of work with preschool aged children

project number 22510071

*Foot care education program
for preschool aged children from the V4 countries*

Rzeszow, 21–22/10/2025



Partners:

University of Rzeszow



University of Presov



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in Ústí nad Labem



The project is co-financed by the Governments of the Czechia, Hungary, Poland and Slovakia through Visegrad Grants from International Visegrad Fund. The mission of the fund is to advance ideas for sustainable regional cooperation in Central Europe.

Workshop Plan Template (Full-Day)

Workshop Objective:

To strengthen cooperation between partner institutions, exchange experiences in early childhood education, and collaboratively prepare tools and materials for an Educational Program targeting preschool-aged children.

Workshop Location and Participants:

A workshop will be held in University of Rzeszow, Poland, with the participation of project members from the partner countries: Poland, Slovakia, and the Czech Republic.

Address:

Warzywna 1A, 35-205 Rzeszow

Building G4, room 125

Workshop Duration:

2 days

Workshop Schedule:

Day 1 (21/10/2025): Knowledge Sharing

13:30 – 14:00 | Welcome & Registration

- Participant arrival and check-in.
- Welcome speech by the host organization.
- Overview of workshop objectives and schedule.

14:00 – 15:00 | Presentation of the Institution by a Representative of Each Partner, Exchange of Experience in the Field of Project Themes.

Each partner organization presents:

- Mission and key activities.
- Experience with early childhood therapy and education.
- Theoretical lectures on the methodology of work with preschool children.

- Examples of relevant projects or programs.

15:00 – 15:15 | Coffee Break

15.15 – 16.15 | Group Discussion on How Theories Apply to Current Practices

- Reflection on the lectures.
 - Group discussion on how theories apply to current practices.
 - Identification of ideas to integrate into the Educational Program.
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Day 2 (22/10/2025): Collaborative Preparation of the Educational Program

9:00 – 9:30 | Morning Coffee & Welcome

9.30 – 10.45 | Recap & Planning

- Review of key insights from Day 1.
- Introduction to Day 2 tasks and objectives.

10:45 – 12:30 | Working Session 1: Tool & Material Design

Group work to:

- Define themes or units of the Educational Program.
- Prepare tools and materials necessary to implement and deliver the Educational Program for preschool-aged children:
 - ✓ Scenario of an Educational Program.
 - ✓ Plan for an instructional lecture for parents, caregivers, and teachers on the following topics:
 - methods of teaching proper foot exercises for children,
 - key aspects to consider when selecting appropriate footwear for children.
 - ✓ Developing content for an instructional flyer for parents and teachers.
 - ✓ Developing content for a child-friendly flyer.

12:30 – 13:30 | Working Session 2: Finalize Materials

- Continue development of materials.
- Peer review between groups.
- Adjustments based on feedback.

13:30 – 14:00 | Final Discussion & Next Steps

Agree on:

- Timeline for the Educational Program.
- Responsibilities among partners.
- Channels for continued communication and collaboration.

14:00 – 14:30 | Workshop Wrap-Up

- Summary of achievements.
- Participant feedback.
- Group photo.



More Information

Financing organization:

International Visegrad Fund

www.visegradfund.org

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