

**SYLLABUS**  
**concerning the cycle of education 2021-2027**

(date range)

**1.1. BASIC INFORMATION CONCERNING THIS SUBJECT / MODULE**

Subject / Module	<b>Psychiatry</b>
Course code / module *	<b>Ps/E</b>
Faculty of (name of the leading direction)	<b>Medical College of Rzeszów University</b>
Department Name	<b>Medical College of Rzeszów University</b>
Field of study	<b>medical direction</b>
Level of education	<b>uniform master's studies</b>
Profile	<b>practical</b>
Form of study	<b>stationary / extramural</b>
Year and semester	<b>year V, semester IX</b>
Type of course	<b>obligatory</b>
Coordinator	<b>prof. dr hab. n. med. Anna Grzywa</b>
First and Last Name of the Teacher	

\* - According to the resolutions of the Faculty of Medicine

**1.2. Forms of classes, number of hours and ECTS**

Lecture	Exercise	Conversation	Laboratory	Seminar	ZP	Practical	Self-learning	Number of points ECTS
15	60	-	-	15	-	-	-	<b>4</b>

**1.3. The form of class activities**

☒ classes are in the traditional form

☐ classes are implemented using methods and techniques of distance learning

**1.4. Examination Forms / module** (exam, **credit with grade** or credit without grade)

**2. REQUIREMENTS**

Anatomy, Physiology, Biochemistry

**3. OBJECTIVES, OUTCOMES, AND PROGRAM CONTENT USED IN TEACHING METHODS**

### 3.1. Objectives of this course/module

C1	Familiarization with groups of mental disorders, presentation of connections between mental and somatic state, abolition of anxiety and prejudices towards mentally ill people. Acquainting with the basic groups of medicines used in psychiatry.
C2	Transmission of information on the legal basis for dealing with mental disorders.
C3	Establishing the ability to establish contact with the patient, including the patient with mental disorders.
C4	Transfer of basic knowledge in the field of psychopathology and psychopharmacology.

### 3.2 OUTCOMES FOR THE COURSE / MODULE (TO BE COMPLETED BY THE COORDINATOR)

EK (the effect of education)	The content of the learning effect defined for the subject (module)	Reference to directional effects (KEK)
EK_01	knows the issues of: abused child and sexual abuse, mental retardation, behavioral disorders: psychoses, addictions, eating disorders and excretion in children;	E.W4.
EK_02	knows the basic concepts of the pathogenesis of mental disorders;	E.W15.
EK_03	knows the general symptomatology of mental disorders and the principles of their classification according to the main classification systems;	E.W16.
EK_04	knows the symptoms, principles of diagnosis and therapeutic treatment in the most common mental diseases, including: a) schizophrenia, b) affective and adaptive disorders, c) eating disorders, d) disorders related to the intake of psychoactive substances;	E.W17.
EK_05	knows the principles of diagnosis and treatment in the states of emergency psychiatry;	E.W18.
EK_06	knows the specificity of mental disorders and their treatment in children, adolescents and in old age;	E.W19.
EK_07	knows the symptoms of mental disorders in the course of somatic diseases, their impact on the course of underlying disease and prognosis and the principles of their treatment;	E.W20.
EK_08	has knowledge about human sexuality and basic disorders associated with it;	E.W21.

EK_09	knows the rules on mental health protection, with special regard to the rules of admission to the psychiatric hospital;	E.W22.
EK_10	conducts a psychiatric examination;	E.U5.
EK_11	evaluates and describes the patient's somatic and mental state;	E.U13.
EK_12	respects medical confidentiality and patient's rights	K.03.

### 3.3 CONTENT CURRICULUM (filled by the coordinator)

#### A. Lectures

<b>Course contents</b>
Introduction to developmental age psychiatry
Introduction to psychopharmacology.
The concept of schizophrenia
Affective disorders
Biological non-pharmacological methods of treatment in psychiatry
Suicide and self-mutilation
Selected issues of consultative psychiatry
Post-traumatic stress disorder
Anxiety disorders in medical practice

#### B. Exercises

<b>Course contents</b>
Methodology of psychiatric examination.
Psychopathology.
Classification of mental disorders according to the main classification systems.
Alcohol addiction.
Addiction to other psychoactive substances.
Schizophrenia and other delusional disorders.
Affective disorders.
Neurotic disorders.
Anorexia and bulimia.
Personality disorder.

Psychiatry of children and adolescents.
The most common mental disorders in somatic diseases
Treatment of addiction to alcohol and other psychoactive substances.
Treatment of addiction to other psychoactive substances
Safety rules for the use of psychotropic drugs
Sudden states in psychiatry.
General principles of psychotherapy
Psychotherapy techniques

### C. Seminars

<b>Course contents</b>
Psychopathology, syndromology and classification
Child psychiatry
Pharmacotherapy in psychiatry
Social pathology
Depression - clinical diversity
Act on mental health protection
Etiology and classification of schizophrenia
Etiology and classification of affective disorders
Etiology and clinical forms of organic disorders mental
Theories of personality. Diagnosis and differentiation of personality disorders
Sleep disorders
Clinical course, prognosis and principles of treatment of schizophrenia.
Judicial and psychiatric jurisprudence
Pharmacotherapy of psychoses and non-psychotic disorders
Attitudes of sexology

### 3.4 TEACHING METHODS

**Lecture:** multimedia presentation.

**Exercises:** Case analysis

**Seminar:** multimedia presentation, discussion

**Student's own work:** work with a book

#### **4 METHODS AND EVALUATION CRITERIA**

##### **4.1 Methods of verification of learning outcomes**

Symbol of effect	Methods of assessment of learning outcomes (Eg.: tests, oral exams, written exams, project reports, observations during classes)	Form of classes
EK_01- EK_09	Written test	Lecture, Exercises
EK_09- EK_12	Practical pass	Exercises

##### **4.2 Conditions for completing the course (evaluation criteria)**

<p><b>Exercises, seminars:</b></p> <ol style="list-style-type: none"><li>1. full participation and activity in the exercises</li><li>2. written partial credits</li></ol> <p>Range of ratings: 2.0 - 5.0</p> <p><b>Lectures:</b></p> <ol style="list-style-type: none"><li>1. test pass and open questions:</li></ol> <p>A: Questions in the field of messages to remember;</p> <p>B: Questions in the field of speech to understand;</p> <p>C: Solving a typical written task;</p> <p>D: Solving an atypical writing task;</p> <ul style="list-style-type: none"><li>- for insufficient solution of tasks only from areas A and B = grade 2.0</li><li>- for solving tasks only from areas A and B, the possibility of obtaining max. rating 3.0</li><li>- for solving tasks from the area A + B + C, the possibility of obtaining max. evaluation 4.0</li><li>- for the solution of tasks in the area A + B + C + D, the possibility of obtaining a rating of 5.0</li></ul> <p><b>Knowledge assessment (EK_01-EK_09):</b></p> <p>Written test</p> <p>5.0 - has knowledge of the education content at the level of 93% -100%</p> <p>4.5 - has knowledge of the content of education at the level of 85% -92%</p> <p>4.0 - has knowledge of the content of education at the level of 77% -84%</p> <p>3.5 - has knowledge of the content of education at the level of 69% -76%</p> <p>3.0 - has knowledge of the content of education at the level of 60% -68%</p> <p>2.0 - has knowledge of the educational content below 60%</p> <p><b>Skill assessment (EK_09-EK_11):</b></p> <p>Practical pass</p>
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5.0 - the student actively participates in the classes, is well prepared, knows the symptoms very well, the principles of diagnosis and therapeutic treatment in the most common mental diseases, and correctly assesses and describes the patient's somatic and mental state;
4.5 - the student actively participates in the classes, knows the symptoms well, the principles of diagnosis and therapeutic treatment in the most common mental diseases, usually correctly evaluates and describes the patient's somatic and mental state;
4.0 - the student actively participates in classes, is improved, knows the symptoms, principles of diagnosis and therapeutic treatment in the most common mental diseases, assesses and describes the patient's somatic and mental state;
3.5 - the student participates in the classes, his scope of preparation does not allow for a comprehensive presentation of the discussed problem, he knows the symptoms, principles of diagnosis and therapeutic treatment in the most common psychiatric diseases at a sufficient level, usually correctly evaluates and describes the patient's somatic and mental state;
3.0 - the student participates in the classes, on the level of sufficient knowledge of the symptoms, principles of diagnosis and therapeutic treatment in the most common mental diseases, assesses and describes the patient's physical and mental state, however, he often makes mistakes and must be corrected;
2.0 - the student passively participates in the classes, the statements are incorrectly substantive, do not know the symptoms, principles of diagnosis and therapeutic treatment in the most common mental diseases, incorrectly assesses and describes the patient's somatic and mental state, often makes mistakes

#### 5. Total student workload required to achieve the desired result in hours and ECTS credits

Activity	Hours / student work
Hours of classes according to plan with the teacher	90
Preparation for classes	15
Participation in the consultations	2
The time to write a paper / essay	-
Preparation for tests	10
Participation in colloquia	1
Other (e-learning)	-
<b>SUM OF HOURS</b>	<b>118</b>
<b>TOTAL NUMBER OF ECTS</b>	<b>4</b>

#### 6. TRAINING PRACTICES IN THE SUBJECT / MODUL

Number of hours	-
Rules and forms of apprenticeship	-

## 6. LITERATURE

### READING:

1. Psychiatria J.Rybakowski,S.Pużyński,J.Wciórka,Urban Partner 2010
2. Principles of Addiction Medicine,Fourth edition.Ed.R.K.DA.Fiellin.S.C.Miller,
3. S. Stahl. Podstawy psychofarmakologii
4. Psychiatria Kliniczna HJ Kaplan, BJ.Sadock
5. M.Stefan,M.Travis,EM.Murray/An Atlas of Schizophrenia
6. R.T. Hese i T. Zyss. Leczenie elektrowstrząsami w praktyce klinicznej.
7. T. Zyss. Orzecznictwo rentowe z uwzględnieniem psychiatrii.
8. E. Shorter. Historia psychiatrii.

Acceptance Unit Manager or authorized person