## Duschenne Muscular Dystrophy

## X-LINKED RECESSIVE

3,500 to 6,000 males at birth

1 in 50,000,000 females at birth

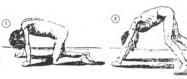
The average life expectancy is 26;

Cause: mutation in the gene for the protein dystrophin. Dystrophin is important to maintain the muscle fiber's cell membrane.

Muscle weakness usually begins around the age of four, and worsens quickly. Muscle loss typically occurs first in the thighs and pelvis followed by the arms. This can result in trouble standing up. Most are unable to walk by the age of 12. Some may have intellectual disability.

Genetic testing can often make the diagnosis at birth. Those affected also have a high level of creatine kinase in their blood.

No cure, treatment is supportive in natu



## Only males affected. Sex-linked Mother Father but females may be recessive normal, normal inheritance carrier carriers 2 yrs old, 5 yrs old, B yrs old. 10 yrs old. 15 yrs old, affected normal affected normal: affected may or may not be carrier 15 years 8 years 2 years Minimal or no symptoms Severe crippling Weakness, especially of deformities and contractures pelvic girdle muscles; Progression with age marked lordosis, enlarged calves Calf muscles usually but not always Lordosis disappears enlarged when child sits

**Duchenne's Muscular Dystrophy**