

## A COURSE SYLLABUS – DOCTORAL SCHOOL

**REGARDING THE QUALIFICATION CYCLE FROM 2025/202 TO 2028/2029**

GENERAL INFORMATION ABOUT COURSE				
Course title		<b>VOICE EMISSION</b>		
Name of the unit running the course		Doctoral School of the University of Rzeszów		
Type of course ( <i>obligatory, optional</i> )		obligatory		
Year and semester of studies		year I, semester I		
Discipline		interdisciplinary		
Language of Course		Polish language		
Name of Course coordinator		<b>Prof. Olga Popowicz, PhD</b>		
Name of Course lecturer		<b>Prof. Olga Popowicz, PhD</b>		
Prerequisites		Knowledge of the structure of the human speech apparatus, acoustics, as well as the ability to work with various types of text.		
BRIEF DESCRIPTION OF COURSE (100-200 words)				
<p>The course entitled 'Voice Production' aims to introduce doctoral students to the theoretical and practical aspects of using the speech apparatus in accordance with the principles of voice production, thereby helping them to take on the role of an academic teacher and preparing them for public speaking in various professional and social roles. The course also aims to teach doctoral students how to use their voice consciously and to implement the free use of correct pronunciation. The course also aims to prepare doctoral students to promote innovative teaching practices and develop the knowledge, skills, social and communication competences necessary for academic and research work.</p>				
COURSE LEARNING OUTCOMES AND METHODS OF EVALUATING LEARNING OUTCOMES				
Learning outcome	The description of the learning outcome defined for the course	Relation to the degree programme outcomes (symbol)	Learning Format (Lectures, classes,...)	Method of assessment of learning outcomes (e.g. test, oral exam, written exam, project,...)
<b>Knowledge (no.)</b>	knows and understands, has knowledge			
-	-	-	-	-
<b>Skills (no.)</b>	can			
<b>P8S_UK1</b>	Using their knowledge, doctoral students are able to communicate on specialist topics in national and international environments, focusing on prevention within the vocal apparatus. They use all elements of correct voice production and pronunciation.	<b>P8S_UK</b>	exercises	Observation, discussion - class participation
<b>P8S_UK4</b>	The doctoral student takes the initiative to conduct scientific debates in various social and task-oriented groups, using their voice, speech and language correctly.	<b>P8S_UK</b>	exercises	Observation, discussion - class participation

<b>Social competence (no.)</b>	is ready to					
<b>P8S_KO1</b>	is ready to perform various social roles, and thus also to improve their skills in the correct use of voice, speech and language. They persistently overcome difficulties, improve their own speech, and ensure the appropriate application of the acquired knowledge and skills of working with the voice in interpersonal communication.		<b>P8S_KO</b>	exercises		Observation, discussion - class participation
<b>Semester (no.)</b>	<b>Lectures</b>	<b>exercises</b>	<b>Conversatory / Lab classes</b>	<b>Internships</b>	<b>others</b>	<b>ECTS</b>
1	-	15	-	-	-	1
<b>METHODS OF INSTRUCTION</b>						
<p>- INSTRUCTION, PRACTICAL EXERCISES, INDIVIDUAL EXERCISES, DISCUSSION;  - TEACHING METHODS INVOLVING PRESENTATION, DEMONSTRATION, PRACTICAL WORK AND ACTIVE PARTICIPATION, DEPENDING ON THE SUBJECT OF EACH CLASS;</p>						
<b>COURSE CONTENT</b>						
<ol style="list-style-type: none"> <li>1. Concept and scope of the subject Voice production.</li> <li>2. Structure of the vocal apparatus, physiological phenomena related to voice production – relaxation exercises and exercises to strengthen and stabilise the speaker's posture.</li> <li>3. Respiratory system – structure and types of breathing – breathing exercises.</li> <li>4. Phonation, resonance and resonators – phonation exercises stimulating the work of resonators.</li> <li>5. Articulation in voice work.</li> <li>6. Articulation zones – exercises improving the speech apparatus, diction exercises.</li> <li>7. Voice pathologies, their symptoms and methods of treatment.</li> <li>8. Voice hygiene.</li> </ol>						
<b>COURSE ASSESSMENT CRITERIA</b>						
<p><b>Form of assessment: pass/fail.</b>  Observation during classes, discussion, written assignment on a selected topic.  Active participation in classes may raise the grade by half a point.</p>						
<b>TOTAL PhD STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS</b>						
<b>Activity</b>				<b>Number of hours</b>		
Scheduled course contact hours				<b>15 hrs</b>		
Other contact hours involving the teacher (consultation hours, examinations)				<b>2 hrs</b>		
Non-contact hours – student's own work (preparation for classes or examinations, project, etc.)				<b>13 hrs</b>		
<b>Total number of hours</b>				<b>30 hrs.</b>		

<b>Total number of ECTS credits</b>		<b>1 ECTS</b>
<b>INSTRUCTIONAL MATERIALS</b>		
Compulsory literature:	Pawłowski Z.(red), Emisja głosu, Warszawa 2009 Tarasiewicz B., Mówię i śpiewam świadomie, Kraków 2003 Zielińska H., Kształcenie głosu, Lublin 2002 Wieczorkiewicz B., Sztuka mówienia, Warszawa 1980	
Complementary literature:	Łatsik A., Poznaj swój głos, Warszawa 2011 Oczkoś M., Sztuka poprawnej wymowy, Warszawa 2007 Walczak-Deleżyńska M., Aby język giętki ...- wybór ćwiczeń artykulacyjnych, Wrocław 2004 Toczyńska B., Głośno i wyraźnie , Gdańsk 2007	

\*(1 ECTS CREDIT CORRESPONDS TO 25 - 30 HOURS OF THE TOTAL WORKLOAD OF A DOCTORAL STUDENT, NEEDED TO ACHIEVE THE ESTABLISHED EFFECTS).

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Date and signature of the Course lecturer

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Approved by the Head of the Department or an authorised person