

**A COURSE SYLLABUS – DOCTORAL SCHOOL**  
**regarding the qualification cycle from 2024/2025 to 2027/2028**

<b>GENERAL INFORMATION ABOUT COURSE</b>				
Course title		<b>PUBLIC SPEAKING</b>		
Name of the unit running the course		Doctoral School at University of Rzeszów		
Type of course ( <i>obligatory, optional</i> )		compulsory subject		
Year and semester of studies		year II, semester III		
Discipline		<b>Political Science and Administration</b>		
Language of Course		Polish/English		
Name of Course coordinator		Dr Anna Siewierska, Professor at the University of Rzeszów		
Name of Course lecturer		Dr Anna Siewierska, Professor at the University of Rzeszów		
Prerequisites		Knowledge of English at B2 CEFR level. Demonstrating proficiency in describing, presenting and explaining issues in the field of political science and administration in the context of personal research activities. Possessing effective communication skills.		
<b>BRIEF DESCRIPTION OF COURSE</b> (100-200 words)				
<p>The aim of the course 'Public Speaking' is to broaden knowledge, skills and social competences in the field of preparing and delivering public speeches, especially at conferences. The topics covered will include the role of conferences, seminars and other popular science events in scientific development. The course will cover issues related to the proper preparation of the structure of a speech, joining and participating in a thematic discussion, formulating questions and answering questions, presenting arguments and conclusions. Issues related to effective presentation methods used in public speaking will also be discussed. The classes are designed to familiarise students with the principles of verbal and non-verbal communication and to develop appropriate body language and gestures, as well as to explain ways of dealing with the emotions associated with public speaking.</p>				
<b>COURSE LEARNING OUTCOMES AND METHODS OF EVALUATING LEARNING OUTCOMES</b>				
Learning outcome	The description of the learning outcome defined for the course	Relation to the degree programme outcomes (symbol)	Learning Format (Lectures, classes,...)	Method of assessment of learning outcomes (e.g. test, oral exam, written exam, project,...)
<b>Knowledge (no.)</b>	knows and understands, has knowledge			
<b>P8S-WG<sub>1</sub></b>	Has extensive theoretical knowledge, is familiar with the current scientific achievements in the chosen field of political science and administration, as well as general issues in related disciplines related to the topic of their research, and is aware of the significance of the knowledge they are exploring in the scientific system, which allows them to determine its importance in comparison with other fields.	P8S-WG	Seminars	oral expression
<b>Skills (no.)</b>	can			
<b>P8S_UK<sub>1</sub></b>	Prepare and deliver a paper in Polish and a foreign language in various	P8S_UK	Seminars	oral expression

	specialist scientific environments. Communicate on specialist topics in the discipline of political science and administration, as well as in related disciplines within the scope of research interests, to a degree that enables active participation in the national and international scientific community.					
<b>P8S_UK3</b>	Can plan, organise and actively participate in scientific conferences and other popular science events.	P8S_UK	Seminars	oral expression		
<b>P8S_UK4,</b>	Can initiate scientific debate based on evidence and facts, and actively participate in it.	P8S_UK	Seminars	oral expression		
<b>P8S_UK5</b>	Can actively participate in scientific discourse and other popular science events related to the discipline of political science and administration and the area of their scientific research in Polish and a foreign language.	P8S_UK	Seminars	oral expression		
<b>P8S_UK6</b>	Can communicate in a foreign language at level B2 of the Common European Framework of Reference for Languages, can speak in public to present their own research results and participate in discussions on scientific and professional topics in various environments, both national and international.	P8S_UK	Seminars	oral expression		
<b>Social competence (no.)</b>	<b>is ready to</b>					
<b>P8S_KR1</b>	Is ready to conduct research and scientific activities independently, as well as to develop and maintain the ethos of research communities and publish the results of their own scientific research, respecting the principles of intellectual property protection.	P8S_KR	Seminars	oral expression		
<b>LEARNING FORMAT – NUMBER OF HOURS</b>						
Semester (no.)	Lectures	Seminars	Lab classes	Internships	others	ECTS
<b>III</b>	-	<b>6</b>	-	-	-	<b>1</b>
<b>METHODS OF INSTRUCTION</b>						
<i>DISCUSSION, CONVERSATION, LECTURE, PRESENTATION, SPEECH WITH MULTIMEDIA PRESENTATION, OBSERVATION</i>						

## COURSE CONTENT

### Exercises: description of course topics

**Topic 1:** Managing emotions: overcoming stage fright and building self-confidence.

**Topic 2:** Methods of engaging audiences during public speaking.

**Topic 3:** Storytelling and narrative building.

**Topic 4:** Preparing a multimedia presentation using various computer programmes and applications.

**Topic 5:** The role of public speaking in scientific development. Increasing the effectiveness of communicating research results.

**Topic 6:** Speaking in the media versus speaking in front of a live audience. Structuring your speech depending on the time available.

### COURSE ASSESSMENT CRITERIA

The assessment takes the form of an oral examination based on papers prepared and delivered by the doctoral student on public speaking and a multimedia presentation on the results of their research.

The following are assessed: preparation of papers and presentations, the form of their delivery (clarity, lucidity), ability to answer questions.

Grade 5.0 - very good preparation of papers and presentations, very good form of delivery, very well-formulated answers to questions asked

Grade 4.5 - above average preparation of papers and presentations, above average form of delivery, above average ability to answer questions asked

Grade 4.0 - good preparation of papers and presentations, good delivery, good ability to formulate answers to questions asked

Grade 3.5 - above average preparation of papers and presentations, above average delivery, above average ability to formulate answers to questions asked

Grade 3.0 – average preparation of papers and presentations, average delivery, average ability to formulate answers to questions asked.

Grade 2.0 – average preparation of papers and presentations, average delivery, failure to answer questions asked.

### TOTAL PhD STUDENT WORKLOAD REQUIRED TO ACHIEVE THE INTENDED LEARNING OUTCOMES – NUMBER OF HOURS AND ECTS CREDITS

Activity	Number of hours
Scheduled course contact hours	<b>6 hrs.</b>
Other contact hours involving the teacher (consultation hours, examinations)	<b>1 hrs.</b>
Non-contact hours – student's own work (preparation for classes or examinations, project, etc.)	<b>22 hrs.</b>
<b>Total number of hours</b>	<b>28 hrs.</b>
<b>Total number of ECTS credits*</b>	<b>1</b>

### INSTRUCTIONAL MATERIALS

Compulsory literature:	Jeremey Donovan, <i>TED. Jak wygłosić mowę życia</i> , Helion, Gliwice 2016. Mariola Antczak (red), <i>Prezentacje multimedialne w wystąpieniach naukowych</i> , Wydawnictwo
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	<p>Uniwersytetu Łódzkiego, 2023.</p> <p>Przemysław Kutnyj, <i>Sztuka autoprezentacji i wystąpień publicznych</i>, Wydawnictwo PWN, 2021.</p> <p>Adrian Wallwork - <i>Giving an Academic Presentation in English</i>, Springer Cham, 2022.</p> <p>Katarzyna Wiśniewska, <i>English Speeches and Presentations. A Practical Guide. Wystąpienia publiczne i prezentacje w języku angielskim</i>, Wydawnictwo Poltext, 2022.</p>
Complementary literature:	<p>Bernard Bleind - <i>Sztuka prezentacji i wystąpień publicznych</i>. Wydawnictwo RM, Warszawa 2010.</p> <p>John Giba, Ramon Ribes, <i>Preparing and Delivering Scientific Presentations</i>. Springer Berlin Heidelberg, 2011.</p> <p>Violetta Kalka, <i>Elementarz wystąpień publicznych</i>, Warszawa 2020.</p> <p>Wiktor Niedzicki, <i>Sztuka prezentacji w nauce, biznesie, polityce</i>, Warszawa, 2010.</p> <p>Maciej Orłoś, <i>O sztuce wystąpień publicznych</i>, Wydawnictwo RM, Warszawa 2018.</p> <p>Adrian Wallwork, <i>English for Presentations at International Conferences</i>, Springer New York Dordrecht Heidelberg London, 2010.</p>

\*(1 ECTS CREDIT CORRESPONDS TO 25 - 30 HOURS OF THE TOTAL WORKLOAD OF A DOCTORAL STUDENT, NEEDED TO ACHIEVE THE ESTABLISHED EFFECTS).

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Date and signature of the Course lecturer

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Approved by the Head of the Department or an authorised person