

EMERGENCY – WORST CASE SCENARIOS.

HOW TO TREAT A BROKEN LEG

If the skin is broken, do not touch or put anything on the wound.

You must avoid infection. If the wound is bleeding severely, try to stop the flow of blood by applying steady pressure to the area with sterile bandages or clean clothes.

Do not move the injured leg.

You need to put a splint around the wound to stabilize the injured area.

Find two stiff objects of the same length, wood, plastic or folded cardboard, for the splints.

Put the splints above and below the injured area /or on the side if moving the leg is too painful/. Tie the splints with string, rope or belts, whatever is available. Do not tie the splints too tightly; this may cut off the circulation. You should be able to slip a finger under the rope or fabric.

Get the injured person to lie flat on their back.

Do not move the injured person unless absolutely necessary. Treat the leg, then go and get help.

Exercises:

A. Match the underlined words from the text with their definitions.

- | | |
|-----------------|--|
| 1. an infection | a. material made of fiber used for fastening |
| 2. a wound | b. the force pushed upon surface by an object |
| 3. pressure | c. a strip of material used to protect a wound |
| 4. bandages | d. the thick, stiff paper used to make boxes |
| 5. a splint | e. a piece of wood, metal, plastic used to hold a broken bone |
| 6. cardboard | f. an injury that is caused when a knife, bullet breaks the skin |
| 7. a string | g. the act of germs invasion into the body and causing a disease |
| 8. circulation | h. the continuous movement of blood through the vessels |

B. Match two parts of the expressions so that they make sense.

- | | |
|-------------|--------------------|
| 1. avoid | a. cardboard |
| 2. tie | b. wound |
| 3. stiff | c. objects |
| 4. folded | d. steady pressure |
| 5. cut off | e. infection |
| 6. bleeding | f. the splints |
| 7. apply | g. the circulation |

C. Think of the answers for the following questions.

1. Why shouldn't the splint on a broken leg be too tight?
2. Have you, or anyone you know, ever experienced these or similar dangers? What happened?
3. Do you ever worry about 'worst case scenarios' like this? What would you find the most frightening?

ANSWERS:

A.

1.g

2.f

3.b

4.c

5.e

6.d

7.a

8.h

B.

1. Avoid infection

2. Tie the splints

3. Stiff objects

4. Folded cardboard

5. Cut off the circulation

6. Bleeding wound

7. Apply steady pressure

C. own answers

New Cutting Edge Upper-Intermediate Students' Book, S.Cunningham, P.Moor, 'Unusual achievements', p.62

Ćwiczenia na licencji Creative Commons



Mgr Joanna Sztaba-Surowiec