

Living with Rheumatoid Arthritis

Watch this video <https://www.webmd.com/rheumatoid-arthritis/video/living-with-ra> – the case of Peggy Sammon who was diagnosed with Rheumatoid Arthritis and answer the following questions – multiple choice test

1. Which part of her body was affected by RA?
a. feet b. knees c. hips d. hands
2. What were the symptoms?
a. pain b. bruising c. swelling d. fatigue e. stiffness
3. In RA, the lining of the joints, i.e. the synovium, is attacked by the immune system, finally the cartilage and bone.
a. comprising b. composing c. compromising
4. However, changes in such physical parameters as barometric pressure, humidity, temperature have an effect on how the patients feel.
a. True b. False c. Not mentioned
5. Treatments used to stave off the painful effects of RA include:
a. warm/cold socks b. warm/cold soaks c. warm/cold soaps

Rheumatoid Arthritis Medications: Benefits and Side Effects

Fill in the gaps with the words given below – use each word once; there is one (1) word you don't need:

bother/harm/diabetes/lessens/tired/ease/lasting/steroidal/targets/thinning/alone/swelling/immune/biologics/cause/for/RA/response/corticosteroids/own/inflammatory/relieve/your/further/antirheumatic/feel/likely

Rheumatoid arthritis, or 1/....., is a long-2/..... disease that happens when your 3/..... system attacks 4/..... 5/..... joints by mistake. There are many kinds of medication that can 6/..... your symptoms, stop your RA from getting worse, or both.

Non-7/..... anti-8/..... drugs, or NSAIDs, quickly 9/..... your pain and inflammation, but they don't slow down your RA. Over time, NSAIDs may 10/..... your stomach or 11/..... kidney problems.

12/..... go a step 13/..... They ease inflammation and also slow

down damage to your joints by decreasing the immune system's 14/..... These drugs are only used for a short amount of time, since they can also cause 15/..... bones, weight gain, and 16/.....

Disease modifying 17/..... drugs, or DMARDs, work by curbing your immune response. This 18/..... inflammation and helps keep your RA from getting worse. DMARDs can make you feel 19/....., 20/..... your liver, and raise your chance of infection.

21/..... are a type of DMARD that only 22/..... certain parts of your immune system that trigger inflammation. With biologics, you may get headaches or 23/..... where the injection happened. You're also more 24/..... to get an infection. If taking a DMARD or a biologic 25/..... isn't enough, taking them together may work better. 26/..... more information, talk to your doctor.

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