

ACL Pathway at Sports Surgery Clinic

LISTENING

Watch a video demonstrating a patient's journey through an ACL injury at a private hospital in Dublin, Ireland and answer the questions below:

1. What do they specialise in and what surgical procedures are provided at SSC, Dublin?
2. What is the composition of the SSC health care team?
3. Is treatment organised within a clear time frame? – make notes on each stage:

stage	time frame or setting	staff member and action
1. before surgery		
2. surgery		
3. after surgery		

4. What is the driving force behind the SSC ACL rehabilitation pathway?

VOCABULARY – TEXT EXPANSION

The Sports Surgery Clinic advertises itself as a world-class multidisciplinary orthopedic clinic. What other adjectives do they use to refer to the quality of care, equipment/ facility?

Read the following excerpt from their official website and enhance it with the adjectives/ adverbs from the box below:

active / biomechanics / comprehensive / efficiently / fully / inpatient / musculoskeletal / orthopaedic / physical / professional / radiology / rapid / rehabilitation / sporting / state-of-the-art

Welcome to the Physiotherapy Department at UPMC Sports Surgery Clinic, where we are dedicated to helping our patients achieve their 1. _____ goals and improve their quality of life.

Our team of professional physiotherapists are all Chartered and CORU Registered, with a focus on 2. _____ conditions, orthopaedics, and sports injuries.

Our 3. _____ physiotherapists work closely with orthopaedic patients recovering from joint replacement surgery, while our musculoskeletal physiotherapists specialise in treating all kinds of 4. _____ injuries, working closely with sports medicine physicians, 5. _____ surgeons, and strength and conditioning coaches.

Our facilities are 6. _____, with a 7. _____ equipped 8. _____ gym and access to a 9. _____ laboratory, including Isokinetics Testing. Our patients have 10. _____ access to our 11. _____ department, allowing us to diagnose and treat injuries 12. _____ and effectively.

At UPMC Sports Surgery Clinic, our mission is to provide 13. _____, personalised care to each of our patients, with the goal of getting you back to your 14. _____ lifestyle as soon as possible.

So whether you're a 15. _____ athlete or a weekened warrior, we are here to support you on your road to recovery.

SPEAKING

Prove or disprove the statements below:

1. The SSC – a group orthopaedic facility – hold themselves to extremely high standards.
2. Physicians carefully assess the problem and devise a personalised treatment plan.
3. The patient is provided with support along the journey.
4. The SSC specialise in helping with diseases that impair movement.
5. They maintain outdated equipment in a spacious facility.
6. The process of patient management begins with examinations, to be followed by evaluations of exam data.
7. The SSC perform an evidence-based practice.

Źródło:

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mgr Joanna Mazur