

SYLLABUS

SUBJECT Mental health

TEACHER: ANNA IWANICKA – MACIURA

COURSE DESCRIPTION

This course concern look after mentally ill patient and prevention mental disorder.
In course reveal role of mental hygiene in remain mental health.

LEARNING OUTCOMES

Students know how take care of mentally ill patient and solve therapeutic problems.
Students also learn mental hygiene in everyday life.

GRADING POLICY

Choice test

PREREQUISITES

basic nursing skills

TIMETABLE

Subject - matter	hours
INTRODUCTION TO PSYCHIATRIC/MENTAL HEALTH CONCEPTS	-
Mental Health and Mental Illness	2
Concepts of Personality Development	2
Biological Implications	1
Ethical and Legal Issues	1
Cultural and Spiritual Concepts Relevant to Psychiatric/Mental Health Nursing	1
PSYCHIATRIC/MENTAL HEALTH NURSING INTERVENTIONS	-
Relationship Development and Therapeutic Communication	1
The Nursing Process in Psychiatric/Mental Health Nursing	1
CARE OF CLIENTS WITH PSYCHIATRIC DISORDERS	-
Delirium, Dementia, and Amnestic Disorders	2
Substance-Related Disorders	2
Schizophrenia and Other Psychotic Disorders	2
Mood Disorders	2
Eating Disorders	2
Personality Disorders	1
MENTAL HYGIENE	
Mental hygiene in the world	2
The Polish school of mental hygiene	2
Role of mental hygiene	2
Positive disintegration	2
Mental growth through positive disintegration	2

TEXTBOOK AND REQUIRED MATERIALS

Basic literature

1. Hołys B., Mental health in a changing word, The Polish Society for Mental Health, Warsaw 1990
2. Dabrowski K., Personality – shaping through positive disintegration, Little, Brown Co., Boston 1967
3. Brooking J., Ritter S., Thomas B., A textbook of psychiatric and mental health nursing, Elsevier's Health Sciences publishing, London 1992
4. Townsend Mary C., Essentials of Psychiatric Mental Health Nursing: Concepts of Care in Evidence-Based Practice, F. A. Davis Company, 2008

Recommended

1. Journal of Psychiatric and Mental Health Nursing
2. International Journal of Mental Health Nursing
3. The Journal of the American Psychiatric Nurses Association (JAPNA)

Supplementary literature

1. Videbeck, S. L. (2008). Psychiatric- Mental Health Nursing. Philadelphia: Lippincott Williams & Wilkes.
2. Boyd, M. & Nihart, M. (1998). Psychiatric Nursing - Contemporary Practice. Philadelphia: Lippincott.
3. Hogan M. A., Gruener R., Gaylord C., Mental Health Nursing, Prentice Hall, 2007
4. Varcarolis E. M., Jordan Halter M., Essentials of Psychiatric Mental Health Nursing: A Communication Approach to Evidence-Based Care, Elsevier Health Sciences, 2008
5. Stuart G. W., Principles and Practice of Psychiatric Nursing (New Edition), Elsevier Health Sciences, 2008