

# SYLLABUS

**SUBJECT** PSYCHOLOGY

**TEACHER** ANNA ENGLERT-BATOR

## **COURSE DESCRIPTION**

This course offers a broad introduction to general psychology and a variety of approaches within the scientific study of thought and behavior. We will explore the various ways people perceive, think, affect and understand. The course will also cover important topics such as the stress, well-being and social interaction.

We will meet once a week for a 1 hour and 30 minute lecture. The lectures will focus on central themes in the assigned reading but I will usually introduce new topics not covered in the readings.

Films, videos, class demonstrations and discussions will supplement the lectures. We will also try to train the practical skills of relaxation, remembering, communicating and problem solving.

## **LEARNING OUTCOMES**

Students will gain knowledge of the different subject areas in psychology and will be prepared to take more advanced courses in psychology. The course will also show psychology's role in promoting human welfare and solving social problems.

## **GRADING POLICY**

Success in this course depends on attending class regularly, actively participating in class, and taking thorough notes.

**Tests:** There will be two extra mini tests during each term. Students will be informed about them at least 2 weeks in advance. They will be based on a recommended reading.

**Exam:** There will an exam at the end (test: multiple choice, true/false and open cloze)  
The exam will cover the text and lecture material

## **TIMETABLE**

1. The nature of psychology.	2h
2. Sensory processes.	2h
3. Perception and conciousness.	2h
4. Learning, memory and forgetting.	2h
5. Thinking and problem solving.	2h
6. Intelligence and aptitude.	2h
7. Emotion and motivation.	2h
8. Personality and individuality.	2h
9. Attitudes, Values and Interests.	2h
10. Language and Communication.	2h
11. Psychological well being and Mental Disorders.	2h
12. Stress, health and well being.	2h
13. Social interactions and the Human Environment.	2h
14. Social Influence, attraction, relationships.	2h

15. Application of psychology in other fields	2h
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**TEXTBOOK AND REQUIRED MATERIALS**

The core readings for the course will come from 2 textbooks and from short articles available on electronic reserves. Most of the reading will come from:

\* C. Wade, C. Travis: Invitation to psychology. 3<sup>rd</sup> ed. Prentice Hall, 2005.

\* H. Gleitman: Psychology; 4th ed., W.W. Norton & Company, New York, London, 1997

The supplemental short papers are required and will be available online. Students can easily access them for reading and/or printing. Occasionally, additional supplemental readings may be distributed in class

**PREREQUISITES:**

Motivation and willingness to learn.

*Anna Englert-Bator*