

## **SYLLABUS**

### **SUBJECT PRINCIPLES OF RECREATION**

**TEACHER WITOLD PÓLTORAK, PhD**

#### **COURSE DESCRIPTION**

explanation, lecture information, lecture problematic, directing the discussion, a talk showing new messages, control a talk, a talk perpetuating, managing the use of information sources and methods for displaying, among others part of the film, slides, etc.

#### **ECTS**

5

#### **LEARNING OUTCOMES**

Introduction to the problematic of qualified and alternative tourism, providing in basic knowledge of preparing for the understanding of tourism and qualified forms of tourism, teach the listener organizational and methodological skills necessary to organize and conduct active forms of tourism), demonstrate the role and place maker and recreation instructor in planning, programming and implementation of tourism forms.

#### **GRADING POLICY**

graduate should possess general knowledge of natural sciences, social and economic. Should have the ability to organize work and making ventures in the sphere of tourism and recreation.

#### **TIMETABLE**

To be prescribed

#### **TEXTBOOK AND REQUIRED MATERIALS**

1. Bielec G. Półtorak W. Warchoń K. 2011, Zarys teorii i metodyki rekreacji ruchowej, PROKSENIA, Kraków.
2. Kurek Włodzimierz. (red.). 2007. Turystyka, WN PWN, Warszawa.
3. Łobożewicz T. (red) 1997. Turystyka kwalifikowana. Wyd. Druk-Pol, Warszawa
4. Łobożewicz T., R. Kogut R. (red) (1999): Turystyka aktywna. Turystyka kwalifikowana. Wyd. DrukTur, Warszawa.
5. Merski J., 2002. Turystyka kwalifikowana. WSE w Warszawie.
6. Schmottlach N., McManaman J., 2002. Physical education activity handbook (10th editio). Benjamin Cummings, San Francisco, USA.

#### **PREREQUISITES:**

active participation in class, announcement of a paper on selected issues, self-analysis of the processes and assessment of its tourism activities, positive evaluation of the tests of messages. Written exam.