

SYLLABUS

SUBJECT PHYSIOLOGY

TEACHER MGR MIŁOSZ SZCZUDŁO

COURSE DESCRIPTION

This course shows students how our body exists with different kinds of situation depend on physical activity. The course included physiology of human efficiency.

ECTS

4

LEARNING OUTCOMES

After this course students should be able to know human life processes. They should be able to identify the operations and functions of cells, tissues and organs and the laws that govern these functions.

GRADING POLICY

Attendance, presentation, activity, practice and writing test.

TIMETABLE

To be prescribed

TEXTBOOK AND REQUIRED MATERIALS

Traczyk W.Z., Fizjologia człowieka w zarysie, PZWL

Jaskólski A., Jaskólska A., Podstawy fizjologii wysiłku fizycznego z zarysem fizjologii człowieka, AWF Wrocław

Górski J> fizjologiczne podstawy wysiłku fizycznego. Podręcznik dla studentów akademiii wychowania fizycznego i akademii medycznych, PZWL 2008

Górski J., Fiziologia człowieka, PZWL, 2008

Timothy R. Ackland, Bruce C. Elliot and John Bloomfield Applied Anataomy and Biomechanics in Sport, Human Kinetics, Hardcover, 2008

Encyclopedia of International Sport Studies – Paperback by Roger Barlett, Chris Gratton and Christer G. Rolf Publisher

PREREQUISITES:

Basic information including with anatomy.