

SYLLABUS

SUBJECT

PEDAGOGICS OF LEISURE TIME

TEACHER

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COURSE DESCRIPTION

The aim of the subject is to familiarize the students with the basic concepts of education and leisure time, the role of educational environments in the process of upbringing and socialization. Additionally, better awareness of the students concerning modern problems of rational use of leisure time. Finally, prepare students for active leisure in the aspect of health and culture.

	Lecture
1.	Subject matter and scope of the research, the status of the scientific pedagogy of leisure time
2.	Education for recreation (the essence of the process of education, factors in the process of education, education as a development of the personality, factors of development and stimulation of the personality)
3.	Organization of the process of education for recreation, the mechanisms of the activity of human time
4.	The essence of time, its aspects and features
5.	Features of leisure time, the realization of individual and social human needs
6.	Organization of working time (rule, considerations of the individual and situation)

	Classes
1.	The concept of leisure time. Objectives, considering the subject matter. The impact of education on the personality of the child.
2.	Manifestations of misuse of leisure (violence and aggression among youth)
3.	Selected problems of the time management (management procedures, rules for the management of time, "thieves working time", how to fight theft free time)
4.	The role of educational environments in the process in the process of educational time
5.	The objective of the project is to prepare the planning time, rational, its organization and the use of basic methods of education in the process of shaping a rational attitudes to free time.

ECTS

3

LEARNING OUTCOMES

Understanding the knowledge describing relationships between work of human being and leisure time, understanding the role of leisure time.

The ability to apply knowledge describing effective management procedures over time.

The ability to implement the rights and rules of management of time.

GRADING POLICY

Final score includes:

- Attendance
- Active participation in lectures and classes (discussions, expressing suggestions and own opinions, presentations of topics)
- Oral exam for each students – 4 questions (including classes and lecture's material)

TIMETABLE

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TEXTBOOK AND REQUIRED MATERIALS

Elementary literature:
1. J. Pięta: Pedagogika czasu wolnego. WSE, Warszawa 2004
2. D.R. Tauber: Pedagogika czasu wolnego. Zarys problematyki, WSHiG, Poznań 1998
3. W. Śliwiński: Pedagogika kultury fizycznej w zarysie, AWF, Poznań 2000
4. J. Rother Seiwert: Zarządzanie czasem. Placet AW, Warszawa 2001

Additional literature:
1. T. Johns: Doskonale zarządzanie czasem, Rebis, Poznań 1999
2. L. Koziół: Jak racjonalnie gospodarować czasem, AE, Kraków 1992
3. D.J. Walmsley, G.J. Lewis: Geografia człowieka, PWN, Warszawa 1997
4. Ch. Magie, J.I. Mulle: Walka z czasem, Warszawa 1954.

PREREQUISITES:

Students ought to have basic knowledge of:

- definitions concerning leisure time
- management of leisure time
- forms of active leisure