

SYLLABUS

SUBJECT ACTIVE AND ALTERNATIVE TOURISM

TEACHER MARIAN RZEPKO, PHD

COURSE DESCRIPTION

Introduction to the qualified and alternative tourism. Trends and tendency in tourism. State of level of tourism. Forms of qualified and alternative tourism. Tourism sportier element of national programs of health behavior. Qualified tourism and sport. Qualified tourism as a sector of economic activity. Effect of motor activity on the morphology and functions of the human body.

PEX: Pedestrian tourism - mountain and lowland. Nordic Walking. Bicykle touring - mountain and lowland. Caravaning i motor touring. Ski tourism. Sailing and canoeing Tourism. Powerboating tourism. Speleology and climbing tourism. Diving - the types of equipment and certificates. Health, wellness tourism and spa.

ECTS

2

LEARNING OUTCOMES

introduction to the problematic of qualified and alternative tourism, providing in basic knowledge of preparing for the understanding of tourism and qualified forms of tourism, teach the listener organizational and methodological skills necessary to organize and conduct active forms of tourism), demonstrate the role and place maker and recreation instructor in planning, programming and implementation of tourism forms.

GRADING POLICY

graduate should possess general knowledge of natural sciences, social and economic. Should have the ability to organize work and making ventures in the sphere of tourism and recreation.

TIMETABLE

To be prescribed

TEXTBOOK AND REQUIRED MATERIALS

1. Kurek Włodzimierz. (red.). 2007. Turystyka, WN PWN, Warszawa.
2. Łobożewicz T. (red) 1997. Turystyka kwalifikowana. Wyd. Druk-Pol, Warszawa
3. Łobożewicz T., R. Kogut R. (red) (1999): Turystyka aktywna. Turystyka kwalifikowana. Wyd. DrukTur, Warszawa.
4. Merski J., 2002. Turystyka kwalifikowana. WSE w Warszawie.
5. Schmotlach N., McManaman J., 2002. Physical education activity handbook (10th editio). Benjamin Cummings, San Francisco, USA.

PREREQUISITES:

active participation in class, announcement of a paper on selected issues, self-analysis of the processes and assessment of its tourism activities, positive evaluation of the tests of messages. Written exam.